

a pair of vertical spacer members secured between said first inner surface and said second inner surface in a manner to form at least one reinforcing bar and cement receiving cavity between said first and second metal plate members, in a manner to hold said first and second metal plate members in parallel relationship with each other such that when said first and second metal plate members simultaneously contact a planar surface said first and second metal plate members are both perpendicularly oriented to said planar surface, and in a manner such that said first and second outer surfaces are spaced apart a predetermined spacing distance.

19. The embeddable mounting device of claim 18, wherein said mounting device further includes a third vertical spacer member positioned between said first and second vertical spacer members to create a pair of reinforcing bar and cement receiving cavities that are alignable with said reinforcing bar and cement receiving cavities of conventional concrete blocks.

20. The embeddable mounting device of claim 18, wherein a plurality of vertical reinforcing bars are secured to said mounting device in a manner such that, when said mounting device is placed atop a first concrete block having a pair of conventional reinforcing bar and cement receiving cavities and below a second concrete block having a pair of conventional reinforcing bar and cement receiving cavities, a length of each of said plurality of vertical reinforcing bars extends into at least one of said reinforcing bar and cement receiving cavities of each of said first and second cement blocks.

21. The embeddable mounting device of claim 18, wherein
at least two threaded-connector receiving apertures are provided through one of said
first and second plate members.

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22. The embeddable mounting device of claim 18, wherein
said mounting device further includes a third vertical spacer member positioned
between said first and second vertical spacer members to create a pair of reinforcing bar and
cement receiving cavities that are alignable with said reinforcing bar and cement receiving
cavities of conventional concrete blocks.

23. A method of permanently affixing a furnishing fixture to a concrete block wall
comprising the steps of:

- a) providing at least one embeddable mounting device comprising:
a first rectangular metal plate member having a first inner surface,
a first outer surface, a first length, a first width, and a first
thickness;
a second rectangular metal plate member having a second inner
surface, a second outer surface, a second length of a measurement
equal to said first length, a second width of a measurement equal
to said first width, and a second thickness; and
a pair of vertical spacer members secured between said first inner
surface and said second inner surface in a manner to form at least
one reinforcing bar and cement receiving cavity between said first
and second metal plate members, in a manner to hold said first and

second metal plate members in parallel relationship with each other such that when said first and second metal plate members simultaneously contact a planar surface said first and second metal plate members are both perpendicularly oriented to said planar surface, and in a manner such that said first and second outer surfaces are spaced apart a predetermined spacing distance;

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b) installing said mounting device into said concrete block wall in place of a conventional concrete block, said mounting device being placed into said concrete block wall in a manner such that said reinforcing bar receiving cavity of said mounting device is aligned with at least one reinforcing bar receiving cavity of a said concrete block;

c) providing at least one vertical reinforcing bar that is insertable through one of said reinforcing bar receiving cavities of said concrete block and said reinforcing bar and cement receiving cavity of said mounting block;

d) inserting said at least one vertical reinforcing bar into one of said reinforcing bar receiving cavities of said concrete block and said reinforcing bar and cement receiving cavity of said mounting device;

e) providing a cementing slurry;

f) pouring said cementing slurry into said reinforcing bar receiving cavities of said concrete block and said reinforcing bar and cement receiving cavity of said mounting device;

g) waiting a period of time sufficient to allow said cementing slurry to harden;

and

h) permanently affixing a fixture to one of said plate members of said mounting device.

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~~24~~ The method of claim ~~23~~²¹ further including the steps of:

- i. providing a fixture mounting bracket; and
- j. permanently securing said fixture mounting bracket between one of said plate members and said fixture.

²²
~~25~~ The method of claim 23, wherein:

said mounting device further includes a third vertical spacer member positioned between said first and second vertical spacer members to create a pair of reinforcing bar and cement receiving cavities that are alignable with said reinforcing bar and cement receiving cavities of conventional concrete blocks.

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~~26~~ The method of claim ~~24~~²², wherein

said mounting device further includes a plurality of vertical reinforcing bars secured to said mounting device in a manner such that, when said mounting device is placed atop a first concrete block having a pair of conventional reinforcing bar and cement receiving cavities and below a second concrete block having a pair of conventional reinforcing bar and cement receiving cavities, a length of each of said plurality of vertical reinforcing bars extends into at least one of said reinforcing bar and cement receiving cavities of each of said first and second cement blocks.

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~~27~~ A method of forming a mounting device for a concrete block wall, comprising the steps of:

providing at least one embeddable mounting device comprising: